**Solutions Intermediate Unit 4. Body and Mind**

**SB p 34, 130**

1. injury – physical harm or damage to sb’s body caused by an accident or attack
2. ankle – the joint connecting the foot with the leg
3. armpit – a hollow under the arm at the shoulder
4. calf – the thick fleshy part of the back of the leg between the ankle and the knee
5. chest – the top part of the front of the body where ribs, lungs, and heart are
6. chin – the part of the face below the mouth and above the neck
7. eyebrow – the line of hair which grow above the eye
8. eyelash – each of the short curved hairs growing on the edges of the eyelids, serving to protect the eyes from dust
9. eyelid – each of the upper and lower folds of skin which cover the eye when closed
10. fingernail – the thin hard area at the end of the finger
11. heel – the back part of the human foot below the ankle
12. hip – the area at the side of the body between the top of the leg and the waist
13. nostril – either of two openings at the end of your nose
14. palm – the inner part of the hand from the wrist to the base of the fingers
15. scalp – the skin under the hair on your head
16. shin – the front of the leg below the knee
17. sole – the undersurface of a person's foot
18. stomach – the organ inside your body where food is digested
19. thigh – the top part of the leg, between the knee and the hip
20. throat – the  [front](http://dictionary.cambridge.org/ru/%D1%81%D0%BB%D0%BE%D0%B2%D0%B0%D1%80%D1%8C/%D0%B0%D0%BD%D0%B3%D0%BB%D0%B8%D0%B9%D1%81%D0%BA%D0%B8%D0%B9/front%22%20%5Co%20%22front) of the [neck](http://dictionary.cambridge.org/ru/%D1%81%D0%BB%D0%BE%D0%B2%D0%B0%D1%80%D1%8C/%D0%B0%D0%BD%D0%B3%D0%BB%D0%B8%D0%B9%D1%81%D0%BA%D0%B8%D0%B9/neck%22%20%5Co%20%22neck), or the [space](http://dictionary.cambridge.org/ru/%D1%81%D0%BB%D0%BE%D0%B2%D0%B0%D1%80%D1%8C/%D0%B0%D0%BD%D0%B3%D0%BB%D0%B8%D0%B9%D1%81%D0%BA%D0%B8%D0%B9/space%22%20%5Co%20%22space) inside the [neck](http://dictionary.cambridge.org/ru/%D1%81%D0%BB%D0%BE%D0%B2%D0%B0%D1%80%D1%8C/%D0%B0%D0%BD%D0%B3%D0%BB%D0%B8%D0%B9%D1%81%D0%BA%D0%B8%D0%B9/neck%22%20%5Co%20%22neck) down which [food](http://dictionary.cambridge.org/ru/%D1%81%D0%BB%D0%BE%D0%B2%D0%B0%D1%80%D1%8C/%D0%B0%D0%BD%D0%B3%D0%BB%D0%B8%D0%B9%D1%81%D0%BA%D0%B8%D0%B9/food%22%20%5Co%20%22food) and [air](http://dictionary.cambridge.org/ru/%D1%81%D0%BB%D0%BE%D0%B2%D0%B0%D1%80%D1%8C/%D0%B0%D0%BD%D0%B3%D0%BB%D0%B8%D0%B9%D1%81%D0%BA%D0%B8%D0%B9/air%22%20%5Co%20%22air) can go
21. thumb – the short thick finger on the side of the hand next to the other four fingers
22. toenail –the nail at the tip of each toe
23. waist – the part of the human body below the ribs and above the hips, often narrower than the areas above and below
24. wrist – the part of the body between the hand and the arm which bends when you move your hand
25. bruised – injured (a part of the body) without breaking, forming a dark mark on the skin
26. dislocated – moved from its proper place or position
27. sprained – injured part of the body by overexertion
28. black eye - an [area](http://dictionary.cambridge.org/ru/%D1%81%D0%BB%D0%BE%D0%B2%D0%B0%D1%80%D1%8C/%D0%B0%D0%BD%D0%B3%D0%BB%D0%B8%D0%B9%D1%81%D0%BA%D0%B8%D0%B9/area%22%20%5Co%20%22area) of [skin](http://dictionary.cambridge.org/ru/%D1%81%D0%BB%D0%BE%D0%B2%D0%B0%D1%80%D1%8C/%D0%B0%D0%BD%D0%B3%D0%BB%D0%B8%D0%B9%D1%81%D0%BA%D0%B8%D0%B9/skin%22%20%5Co%20%22skin) around the [eye](http://dictionary.cambridge.org/ru/%D1%81%D0%BB%D0%BE%D0%B2%D0%B0%D1%80%D1%8C/%D0%B0%D0%BD%D0%B3%D0%BB%D0%B8%D0%B9%D1%81%D0%BA%D0%B8%D0%B9/eye%22%20%5Co%20%22eye) that has gone [dark](http://dictionary.cambridge.org/ru/%D1%81%D0%BB%D0%BE%D0%B2%D0%B0%D1%80%D1%8C/%D0%B0%D0%BD%D0%B3%D0%BB%D0%B8%D0%B9%D1%81%D0%BA%D0%B8%D0%B9/dark%22%20%5Co%20%22dark) because it has been [hit](http://dictionary.cambridge.org/ru/%D1%81%D0%BB%D0%BE%D0%B2%D0%B0%D1%80%D1%8C/%D0%B0%D0%BD%D0%B3%D0%BB%D0%B8%D0%B9%D1%81%D0%BA%D0%B8%D0%B9/hit%22%20%5Co%20%22hit)
29. to pull sb’s leg – to tease, fool, or make fun of someone
30. to give sb a hand – to help sb
31. to twist sb’s arm – to persuade someone to do something that they do not want to do
32. persuade – to cause to believe or to do smth by giving good reasons for doing it
33. to stick one’s neck out – to risk criticism, ridicule, failure, etc., by speaking one's mind
34. not to bat an eyelid – to show no surprise or concern
35. to keep one’s head – to stay calm
36. brain – the organ inside the head that controls thought, memory, feelings, and activity
37. heart – the organ in the chest that sends the blood around the body
38. bone – any of the hard parts in a human or animal body that make up its frame
39. lungs – the two organs inside the chest which fill with air when you breathe in
40. spine – the line of bones down the centre of the back that provides support for the body
41. artery – one of the thick tubes that carry blood from the heart to the other parts of the body
42. liver – a large organ in the body which cleans the blood and produces bile
43. muscle – one of many [tissues](http://dictionary.cambridge.org/ru/%D1%81%D0%BB%D0%BE%D0%B2%D0%B0%D1%80%D1%8C/%D0%B0%D0%BD%D0%B3%D0%BB%D0%B8%D0%B9%D1%81%D0%BA%D0%B8%D0%B9/tissue%22%20%5Co%20%22tissues) in the [body](http://dictionary.cambridge.org/ru/%D1%81%D0%BB%D0%BE%D0%B2%D0%B0%D1%80%D1%8C/%D0%B0%D0%BD%D0%B3%D0%BB%D0%B8%D0%B9%D1%81%D0%BA%D0%B8%D0%B9/body%22%20%5Co%20%22body) that can [tighten](http://dictionary.cambridge.org/ru/%D1%81%D0%BB%D0%BE%D0%B2%D0%B0%D1%80%D1%8C/%D0%B0%D0%BD%D0%B3%D0%BB%D0%B8%D0%B9%D1%81%D0%BA%D0%B8%D0%B9/tighten%22%20%5Co%20%22tighten) and [relax](http://dictionary.cambridge.org/ru/%D1%81%D0%BB%D0%BE%D0%B2%D0%B0%D1%80%D1%8C/%D0%B0%D0%BD%D0%B3%D0%BB%D0%B8%D0%B9%D1%81%D0%BA%D0%B8%D0%B9/relax%22%20%5Co%20%22relax) to [produce](http://dictionary.cambridge.org/ru/%D1%81%D0%BB%D0%BE%D0%B2%D0%B0%D1%80%D1%8C/%D0%B0%D0%BD%D0%B3%D0%BB%D0%B8%D0%B9%D1%81%D0%BA%D0%B8%D0%B9/produce%22%20%5Co%20%22produce) [movement](http://dictionary.cambridge.org/ru/%D1%81%D0%BB%D0%BE%D0%B2%D0%B0%D1%80%D1%8C/%D0%B0%D0%BD%D0%B3%D0%BB%D0%B8%D0%B9%D1%81%D0%BA%D0%B8%D0%B9/movement%22%20%5Co%20%22movement)
44. rib – one of the 12 pairs of curved bones that surround your chest
45. skin – the natural outer layer that covers a human body
46. skull – the bony part of your head which encloses your brain
47. vein – the thin tube in the body through which the blood flows towards the heart

**SB p 35**

1. accident – sth bad that happens that is not expected or intended and that often damages sth or injures sb
2. collarbone – one of the two long bones which run from throat to the shoulders
3. recent – happening or starting from a short time ago

**SB p 36, 130**

1. calorie – a unit of energy, often used as a measurement of the amount of energy you get from food
2. carbohydrate – the substance in food, for example sugar, that gives your body energy
3. fat – the substance containing oil that we get from animals, plants or seeds
4. fibre – parts of plants that you eat; they help to move food quickly through your body
5. protein – a substance found in food such as meat, cheese, fish or eggs, that is necessary for the body to grow and be strong
6. vitamins – natural substances in certain types of food that are important for humans to stay healthy
7. takeaway – hot cooked food that you buy from a shop or restaurant and eat somewhere else
8. fizzy drink – a drink that contains small bubbles of carbon dioxide
9. unwise – stupid and likely to cause problems
10. undermine – damage or weaken sb or sth
11. regime – any set of rules about food and exercise that someone follows
12. launch – to[begin](http://dictionary.cambridge.org/ru/%D1%81%D0%BB%D0%BE%D0%B2%D0%B0%D1%80%D1%8C/%D0%B0%D0%BD%D0%B3%D0%BB%D0%B8%D0%B9%D1%81%D0%BA%D0%B8%D0%B9/begin%22%20%5Co%20%22begin) sth such as a [plan](http://dictionary.cambridge.org/ru/%D1%81%D0%BB%D0%BE%D0%B2%D0%B0%D1%80%D1%8C/%D0%B0%D0%BD%D0%B3%D0%BB%D0%B8%D0%B9%D1%81%D0%BA%D0%B8%D0%B9/plan%22%20%5Co%20%22plan) or [introduce](http://dictionary.cambridge.org/ru/%D1%81%D0%BB%D0%BE%D0%B2%D0%B0%D1%80%D1%8C/%D0%B0%D0%BD%D0%B3%D0%BB%D0%B8%D0%B9%D1%81%D0%BA%D0%B8%D0%B9/introduce%22%20%5Co%20%22introduce) sth new such as a [product](http://dictionary.cambridge.org/ru/%D1%81%D0%BB%D0%BE%D0%B2%D0%B0%D1%80%D1%8C/%D0%B0%D0%BD%D0%B3%D0%BB%D0%B8%D0%B9%D1%81%D0%BA%D0%B8%D0%B9/product%22%20%5Co%20%22product)
13. campaign – a set of planned activities that are intended to achieve a particular aim
14. pass a law – to give [approval](http://dictionary.cambridge.org/ru/%D1%81%D0%BB%D0%BE%D0%B2%D0%B0%D1%80%D1%8C/%D0%B0%D0%BD%D0%B3%D0%BB%D0%B8%D0%B9%D1%81%D0%BA%D0%B8%D0%B9/approval%22%20%5Co%20%22approval) by [voting](http://dictionary.cambridge.org/ru/%D1%81%D0%BB%D0%BE%D0%B2%D0%B0%D1%80%D1%8C/%D0%B0%D0%BD%D0%B3%D0%BB%D0%B8%D0%B9%D1%81%D0%BA%D0%B8%D0%B9/voting%22%20%5Co%20%22voting) to start a new law
15. raise – to [cause](http://dictionary.cambridge.org/ru/%D1%81%D0%BB%D0%BE%D0%B2%D0%B0%D1%80%D1%8C/%D0%B0%D0%BD%D0%B3%D0%BB%D0%B8%D0%B9%D1%81%D0%BA%D0%B8%D0%B9/cause%22%20%5Co%20%22cause) sth to [increase](http://dictionary.cambridge.org/ru/%D1%81%D0%BB%D0%BE%D0%B2%D0%B0%D1%80%D1%8C/%D0%B0%D0%BD%D0%B3%D0%BB%D0%B8%D0%B9%D1%81%D0%BA%D0%B8%D0%B9/increase%22%20%5Co%20%22increase) or [become](http://dictionary.cambridge.org/ru/%D1%81%D0%BB%D0%BE%D0%B2%D0%B0%D1%80%D1%8C/%D0%B0%D0%BD%D0%B3%D0%BB%D0%B8%D0%B9%D1%81%D0%BA%D0%B8%D0%B9/become%22%20%5Co%20%22become) [bigger](http://dictionary.cambridge.org/ru/%D1%81%D0%BB%D0%BE%D0%B2%D0%B0%D1%80%D1%8C/%D0%B0%D0%BD%D0%B3%D0%BB%D0%B8%D0%B9%D1%81%D0%BA%D0%B8%D0%B9/big%22%20%5Co%20%22bigger), [better](http://dictionary.cambridge.org/ru/%D1%81%D0%BB%D0%BE%D0%B2%D0%B0%D1%80%D1%8C/%D0%B0%D0%BD%D0%B3%D0%BB%D0%B8%D0%B9%D1%81%D0%BA%D0%B8%D0%B9/better%22%20%5Co%20%22better), [higher](http://dictionary.cambridge.org/ru/%D1%81%D0%BB%D0%BE%D0%B2%D0%B0%D1%80%D1%8C/%D0%B0%D0%BD%D0%B3%D0%BB%D0%B8%D0%B9%D1%81%D0%BA%D0%B8%D0%B9/higher%22%20%5Co%20%22higher), etc.
16. awareness – [knowledge](http://dictionary.cambridge.org/ru/%D1%81%D0%BB%D0%BE%D0%B2%D0%B0%D1%80%D1%8C/%D0%B0%D0%BD%D0%B3%D0%BB%D0%B8%D0%B9%D1%81%D0%BA%D0%B8%D0%B9/knowledge%22%20%5Co%20%22knowledge)  that something [exists](http://dictionary.cambridge.org/ru/%D1%81%D0%BB%D0%BE%D0%B2%D0%B0%D1%80%D1%8C/%D0%B0%D0%BD%D0%B3%D0%BB%D0%B8%D0%B9%D1%81%D0%BA%D0%B8%D0%B9/exist%22%20%5Co%20%22exists), or [understanding](http://dictionary.cambridge.org/ru/%D1%81%D0%BB%D0%BE%D0%B2%D0%B0%D1%80%D1%8C/%D0%B0%D0%BD%D0%B3%D0%BB%D0%B8%D0%B9%D1%81%D0%BA%D0%B8%D0%B9/understanding%22%20%5Co%20%22understanding) of a [situation](http://dictionary.cambridge.org/ru/%D1%81%D0%BB%D0%BE%D0%B2%D0%B0%D1%80%D1%8C/%D0%B0%D0%BD%D0%B3%D0%BB%D0%B8%D0%B9%D1%81%D0%BA%D0%B8%D0%B9/situation%22%20%5Co%20%22situation) or a subject
17. tax – money paid to the government that is based on your income or the cost of goods or services you have bought
18. nutrition – the food that you eat and the way that it affects your health
19. lose weight – to become thinner and less heavy
20. contain – to have sth inside or include sth as a part
21. diet – the food and drink that is usually eaten and drunk by a person
22. issue – the subject or problem that people are thinking or talking about
23. cut down on – to do or use less of sth

**SB p37**

1. mental – relating to the mind, or involving the process of thinking
2. ability – the physical or mental power or skill needed to do sth

**SB p 38-39, 130**

1. will power – the ability to control your thoughts or actions in order to achieve sth
2. matter – 1) the physical substance that things are made of ; 2) to be important
3. hypnosis –a state in which a person seems to be asleep but can still see, hear, or respond to things said to them
4. treat – 1) sth nice that makes a person feel good; 2) to give medical attention to sb
5. telekinesis – the supposed ability to move objects at a distance by mental power or other nonphysical means
6. claim – to say that sth is true or is a fact, although you cannot prove it
7. genuine – real and exactly what it appears to be
8. psychic – having a special mental ability, for example able to know the future or to know what people are thinking
9. polystyrene – a very light plastic substance used to make containers or to keep things warm, cool, or protected from damage
10. trip – 1) a short journey, there and back; 2) to catch your foot and fall or nearly fall over
11. state – 1) a condition; 2) to say (a fact)
12. mind – 1) your thoughts and memories; 2) to feel annoyed, upset or uncomfortable about sth
13. object – 1) a physical thing; 2) to argue against sth
14. turn – 1) an [opportunity](http://dictionary.cambridge.org/ru/%D1%81%D0%BB%D0%BE%D0%B2%D0%B0%D1%80%D1%8C/%D0%B0%D0%BD%D0%B3%D0%BB%D0%B8%D0%B9%D1%81%D0%BA%D0%B8%D0%B9/opportunity%22%20%5Co%20%22opportunity) or a [duty](http://dictionary.cambridge.org/ru/%D1%81%D0%BB%D0%BE%D0%B2%D0%B0%D1%80%D1%8C/%D0%B0%D0%BD%D0%B3%D0%BB%D0%B8%D0%B9%D1%81%D0%BA%D0%B8%D0%B9/duty%22%20%5Co%20%22duty) to do sth at a [particular](http://dictionary.cambridge.org/ru/%D1%81%D0%BB%D0%BE%D0%B2%D0%B0%D1%80%D1%8C/%D0%B0%D0%BD%D0%B3%D0%BB%D0%B8%D0%B9%D1%81%D0%BA%D0%B8%D0%B9/particular%22%20%5Co%20%22particular) [time](http://dictionary.cambridge.org/ru/%D1%81%D0%BB%D0%BE%D0%B2%D0%B0%D1%80%D1%8C/%D0%B0%D0%BD%D0%B3%D0%BB%D0%B8%D0%B9%D1%81%D0%BA%D0%B8%D0%B9/time%22%20%5Co%20%22time) or in a [particular](http://dictionary.cambridge.org/ru/%D1%81%D0%BB%D0%BE%D0%B2%D0%B0%D1%80%D1%8C/%D0%B0%D0%BD%D0%B3%D0%BB%D0%B8%D0%B9%D1%81%D0%BA%D0%B8%D0%B9/particular%22%20%5Co%20%22particular) [order](http://dictionary.cambridge.org/ru/%D1%81%D0%BB%D0%BE%D0%B2%D0%B0%D1%80%D1%8C/%D0%B0%D0%BD%D0%B3%D0%BB%D0%B8%D0%B9%D1%81%D0%BA%D0%B8%D0%B9/order%22%20%5Co%20%22order), before or after other [people](http://dictionary.cambridge.org/ru/%D1%81%D0%BB%D0%BE%D0%B2%D0%B0%D1%80%D1%8C/%D0%B0%D0%BD%D0%B3%D0%BB%D0%B8%D0%B9%D1%81%D0%BA%D0%B8%D0%B9/people%22%20%5Co%20%22people); 2) to move round or over
15. face – 1) the front part of the head where the eyes, mouth and nose are; 2) to turn towards sth or sb
16. study – 1) to learn about a subject; 2) a room that is used for quiet work, eg. reading or writing
17. fly – 1) to move through the air; 2) a small insect with two wings

**SB p 40**

1. allergic to sth – having an allergy
2. symptom – any feeling of illness or physical or mental change that is caused by a particular disease
3. drops – liquid medicine given in very small amounts
4. pain – a feeling of physical suffering caused by injury or illness
5. painful – causing emotional or physical pain
6. sore – painful or aching because of injury or infection
7. blink – to close and immediately reopen the eyes or an eye, usually involuntarily
8. swollen – larger and rounder than normal, usually as a result of injury or illness
9. blocked nose – the state when you cannot breathe through your nose
10. dizzy – feeling as if everything is turning around, and that you are not able to balance and may fall down
11. itchy – having or causing an unpleasant feeling on your skin that makes you want to scratch
12. rash – an area of redness and spots on a person's skin, appearing especially as a result of illness
13. stiff – describes the state of a part of your body when this part hurts when moved
14. unwell – ill
15. ache – used in [combinations](http://dictionary.cambridge.org/ru/%D1%81%D0%BB%D0%BE%D0%B2%D0%B0%D1%80%D1%8C/%D0%B0%D0%BD%D0%B3%D0%BB%D0%B8%D0%B9%D1%81%D0%BA%D0%B8%D0%B9/combination%22%20%5Co%20%22combinations) with [parts](http://dictionary.cambridge.org/ru/%D1%81%D0%BB%D0%BE%D0%B2%D0%B0%D1%80%D1%8C/%D0%B0%D0%BD%D0%B3%D0%BB%D0%B8%D0%B9%D1%81%D0%BA%D0%B8%D0%B9/part%22%20%5Co%20%22parts) of the [body](http://dictionary.cambridge.org/ru/%D1%81%D0%BB%D0%BE%D0%B2%D0%B0%D1%80%D1%8C/%D0%B0%D0%BD%D0%B3%D0%BB%D0%B8%D0%B9%D1%81%D0%BA%D0%B8%D0%B9/body%22%20%5Co%20%22body) to [mean](http://dictionary.cambridge.org/ru/%D1%81%D0%BB%D0%BE%D0%B2%D0%B0%D1%80%D1%8C/%D0%B0%D0%BD%D0%B3%D0%BB%D0%B8%D0%B9%D1%81%D0%BA%D0%B8%D0%B9/mean%22%20%5Co%20%22mean) a [continuous](http://dictionary.cambridge.org/ru/%D1%81%D0%BB%D0%BE%D0%B2%D0%B0%D1%80%D1%8C/%D0%B0%D0%BD%D0%B3%D0%BB%D0%B8%D0%B9%D1%81%D0%BA%D0%B8%D0%B9/continuous%22%20%5Co%20%22continuous) [pain](http://dictionary.cambridge.org/ru/%D1%81%D0%BB%D0%BE%D0%B2%D0%B0%D1%80%D1%8C/%D0%B0%D0%BD%D0%B3%D0%BB%D0%B8%D0%B9%D1%81%D0%BA%D0%B8%D0%B9/pain%22%20%5Co%20%22pain) in the [stated](http://dictionary.cambridge.org/ru/%D1%81%D0%BB%D0%BE%D0%B2%D0%B0%D1%80%D1%8C/%D0%B0%D0%BD%D0%B3%D0%BB%D0%B8%D0%B9%D1%81%D0%BA%D0%B8%D0%B9/state%22%20%5Co%20%22stated) [part](http://dictionary.cambridge.org/ru/%D1%81%D0%BB%D0%BE%D0%B2%D0%B0%D1%80%D1%8C/%D0%B0%D0%BD%D0%B3%D0%BB%D0%B8%D0%B9%D1%81%D0%BA%D0%B8%D0%B9/part%22%20%5Co%20%22part)
16. cough – the act of forcing airout of [your](http://dictionary.cambridge.org/ru/%D1%81%D0%BB%D0%BE%D0%B2%D0%B0%D1%80%D1%8C/%D0%B0%D0%BD%D0%B3%D0%BB%D0%B8%D0%B9%D1%81%D0%BA%D0%B8%D0%B9/your%22%20%5Co%20%22your) [lungs](http://dictionary.cambridge.org/ru/%D1%81%D0%BB%D0%BE%D0%B2%D0%B0%D1%80%D1%8C/%D0%B0%D0%BD%D0%B3%D0%BB%D0%B8%D0%B9%D1%81%D0%BA%D0%B8%D0%B9/lung%22%20%5Co%20%22lungs) through [your](http://dictionary.cambridge.org/ru/%D1%81%D0%BB%D0%BE%D0%B2%D0%B0%D1%80%D1%8C/%D0%B0%D0%BD%D0%B3%D0%BB%D0%B8%D0%B9%D1%81%D0%BA%D0%B8%D0%B9/your%22%20%5Co%20%22your) [throat](http://dictionary.cambridge.org/ru/%D1%81%D0%BB%D0%BE%D0%B2%D0%B0%D1%80%D1%8C/%D0%B0%D0%BD%D0%B3%D0%BB%D0%B8%D0%B9%D1%81%D0%BA%D0%B8%D0%B9/throat%22%20%5Co%20%22throat) with a [short](http://dictionary.cambridge.org/ru/%D1%81%D0%BB%D0%BE%D0%B2%D0%B0%D1%80%D1%8C/%D0%B0%D0%BD%D0%B3%D0%BB%D0%B8%D0%B9%D1%81%D0%BA%D0%B8%D0%B9/short%22%20%5Co%20%22short), [loud](http://dictionary.cambridge.org/ru/%D1%81%D0%BB%D0%BE%D0%B2%D0%B0%D1%80%D1%8C/%D0%B0%D0%BD%D0%B3%D0%BB%D0%B8%D0%B9%D1%81%D0%BA%D0%B8%D0%B9/loud%22%20%5Co%20%22loud) [sound](http://dictionary.cambridge.org/ru/%D1%81%D0%BB%D0%BE%D0%B2%D0%B0%D1%80%D1%8C/%D0%B0%D0%BD%D0%B3%D0%BB%D0%B8%D0%B9%D1%81%D0%BA%D0%B8%D0%B9/sound%22%20%5Co%20%22sound)
17. runny nose – when liquid is flowing from sb’s nose
18. light-headed – feeling weak and going to lose one’s balance
19. weak – not strong
20. numb – describes the state of a part of your body when you’re unable to feel it, usually for a short time
21. shivery – shaking slightly because you feel cold, frightened or ill
22. concussion – [temporary](http://dictionary.cambridge.org/ru/%D1%81%D0%BB%D0%BE%D0%B2%D0%B0%D1%80%D1%8C/%D0%B0%D0%BD%D0%B3%D0%BB%D0%B8%D0%B9%D1%81%D0%BA%D0%B8%D0%B9/temporary%22%20%5Co%20%22temporary) [damage](http://dictionary.cambridge.org/ru/%D1%81%D0%BB%D0%BE%D0%B2%D0%B0%D1%80%D1%8C/%D0%B0%D0%BD%D0%B3%D0%BB%D0%B8%D0%B9%D1%81%D0%BA%D0%B8%D0%B9/damage%22%20%5Co%20%22damage) to the [brain](http://dictionary.cambridge.org/ru/%D1%81%D0%BB%D0%BE%D0%B2%D0%B0%D1%80%D1%8C/%D0%B0%D0%BD%D0%B3%D0%BB%D0%B8%D0%B9%D1%81%D0%BA%D0%B8%D0%B9/brain%22%20%5Co%20%22brain) [caused](http://dictionary.cambridge.org/ru/%D1%81%D0%BB%D0%BE%D0%B2%D0%B0%D1%80%D1%8C/%D0%B0%D0%BD%D0%B3%D0%BB%D0%B8%D0%B9%D1%81%D0%BA%D0%B8%D0%B9/cause%22%20%5Co%20%22caused) by a [fall](http://dictionary.cambridge.org/ru/%D1%81%D0%BB%D0%BE%D0%B2%D0%B0%D1%80%D1%8C/%D0%B0%D0%BD%D0%B3%D0%BB%D0%B8%D0%B9%D1%81%D0%BA%D0%B8%D0%B9/fall%22%20%5Co%20%22fall) or [hit](http://dictionary.cambridge.org/ru/%D1%81%D0%BB%D0%BE%D0%B2%D0%B0%D1%80%D1%8C/%D0%B0%D0%BD%D0%B3%D0%BB%D0%B8%D0%B9%D1%81%D0%BA%D0%B8%D0%B9/hit%22%20%5Co%20%22hit) on the [head](http://dictionary.cambridge.org/ru/%D1%81%D0%BB%D0%BE%D0%B2%D0%B0%D1%80%D1%8C/%D0%B0%D0%BD%D0%B3%D0%BB%D0%B8%D0%B9%D1%81%D0%BA%D0%B8%D0%B9/head%22%20%5Co%20%22head)
23. fever – a medical condition in which the body temperature is higher than usual and the heart beats very fast
24. sick – [physically](http://dictionary.cambridge.org/ru/%D1%81%D0%BB%D0%BE%D0%B2%D0%B0%D1%80%D1%8C/%D0%B0%D0%BD%D0%B3%D0%BB%D0%B8%D0%B9%D1%81%D0%BA%D0%B8%D0%B9/physically%22%20%5Co%20%22physically) or [mentally](http://dictionary.cambridge.org/ru/%D1%81%D0%BB%D0%BE%D0%B2%D0%B0%D1%80%D1%8C/%D0%B0%D0%BD%D0%B3%D0%BB%D0%B8%D0%B9%D1%81%D0%BA%D0%B8%D0%B9/mentally%22%20%5Co%20%22mentally) [ill](http://dictionary.cambridge.org/ru/%D1%81%D0%BB%D0%BE%D0%B2%D0%B0%D1%80%D1%8C/%D0%B0%D0%BD%D0%B3%D0%BB%D0%B8%D0%B9%D1%81%D0%BA%D0%B8%D0%B9/ill%22%20%5Co%20%22ill); not well or [healthy](http://dictionary.cambridge.org/ru/%D1%81%D0%BB%D0%BE%D0%B2%D0%B0%D1%80%D1%8C/%D0%B0%D0%BD%D0%B3%D0%BB%D0%B8%D0%B9%D1%81%D0%BA%D0%B8%D0%B9/healthy%22%20%5Co%20%22healthy);  [feeling](http://dictionary.cambridge.org/ru/%D1%81%D0%BB%D0%BE%D0%B2%D0%B0%D1%80%D1%8C/%D0%B0%D0%BD%D0%B3%D0%BB%D0%B8%D0%B9%D1%81%D0%BA%D0%B8%D0%B9/feeling%22%20%5Co%20%22feeling) [ill](http://dictionary.cambridge.org/ru/%D1%81%D0%BB%D0%BE%D0%B2%D0%B0%D1%80%D1%8C/%D0%B0%D0%BD%D0%B3%D0%BB%D0%B8%D0%B9%D1%81%D0%BA%D0%B8%D0%B9/ill%22%20%5Co%20%22ill) as if you are going to [vomit](http://dictionary.cambridge.org/ru/%D1%81%D0%BB%D0%BE%D0%B2%D0%B0%D1%80%D1%8C/%D0%B0%D0%BD%D0%B3%D0%BB%D0%B8%D0%B9%D1%81%D0%BA%D0%B8%D0%B9/vomit%22%20%5Co%20%22vomit)
25. upset stomach – the state when you feel slightly ill, especially because of sth you have eaten or drunk
26. patient – a [person](http://dictionary.cambridge.org/ru/%D1%81%D0%BB%D0%BE%D0%B2%D0%B0%D1%80%D1%8C/%D0%B0%D0%BD%D0%B3%D0%BB%D0%B8%D0%B9%D1%81%D0%BA%D0%B8%D0%B9/person) who is [receiving](http://dictionary.cambridge.org/ru/%D1%81%D0%BB%D0%BE%D0%B2%D0%B0%D1%80%D1%8C/%D0%B0%D0%BD%D0%B3%D0%BB%D0%B8%D0%B9%D1%81%D0%BA%D0%B8%D0%B9/receive) [medical](http://dictionary.cambridge.org/ru/%D1%81%D0%BB%D0%BE%D0%B2%D0%B0%D1%80%D1%8C/%D0%B0%D0%BD%D0%B3%D0%BB%D0%B8%D0%B9%D1%81%D0%BA%D0%B8%D0%B9/medical) [care](http://dictionary.cambridge.org/ru/%D1%81%D0%BB%D0%BE%D0%B2%D0%B0%D1%80%D1%8C/%D0%B0%D0%BD%D0%B3%D0%BB%D0%B8%D0%B9%D1%81%D0%BA%D0%B8%D0%B9/care)

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1. session – a period of time or meeting arranged for a particular activity